

HEM342 Sexual Health

Faculty of Nursing – Elective course

Credit: 2 ECTS: 2



Course Description: This undergraduate course explores the multifaceted aspects of sexual health within the context of nursing practice. Fostering an open and inclusive environment, students engage in comprehensive discussions about human sexuality, promoting a nuanced understanding of sexual health issues and their impact on overall well-being. Through a combination of theory, case studies, and practical application, this course empowers future healthcare professionals to navigate and address the diverse sexual health needs of individuals across the lifespan.

Course Outcomes:

- Develop a comprehensive understanding of the physiological, psychological, and social dimensions of human sexuality.
- Enhance communication skills to effectively address sexual health concerns with sensitivity and cultural competence.
- Critically analyze the role of societal norms, values, and cultural influences in shaping perceptions of sexual health.
- Apply evidence-based practices in promoting sexual health and preventing sexual health problems.
- Demonstrate competency in addressing common sexual health issues and providing appropriate interventions.
- Explore ethical considerations related to sexual health care and maintain a professional and non-judgmental approach.
- Collaborate with interdisciplinary healthcare teams to integrate sexual health promotion into holistic patient care.
- Empower individuals to make informed decisions about their sexual health through health education and counselling.
- Assess and address the unique sexual health needs of diverse populations, considering age, gender, sexual orientation, and cultural background.
- Promote a culture of respect, consent, and inclusivity in healthcare settings to create a supportive environment for individuals seeking sexual health services.