

## HEM344 Health Literacy and E-Health

Faculty of Nursing – Elective course

Credit: 2      ECTS: 2



**Course Description:** This course is designed to provide undergraduate nursing students with a comprehensive understanding of health literacy and its pivotal role in promoting optimal health outcomes. Through a combination of research exploration, practical applications, and skill development, students will delve into the multifaceted aspects of health literacy and its intersection with e-health. The course aims to equip students with the knowledge and skills necessary to navigate and contribute to the evolving landscape of healthcare in the digital age.

**Course Outcomes:**

- Demonstrate a nuanced comprehension of health literacy concepts, theories, and research, and their implications for individual and community well-being.
- Evaluate the impact of health literacy on various healthcare outcomes, recognizing its influence on patient communication, self-care, and health disparities.
- Utilize digital and electronic health resources effectively, understanding their role in enhancing health communication, patient education, and healthcare delivery.
- Develop and implement strategies to assess and improve health literacy in diverse healthcare settings, recognizing the importance of tailoring interventions to specific populations.
- Critically analyze the ethical considerations and potential challenges associated with the integration of e-health technologies in nursing practice, emphasizing patient-centred care and privacy.
- Collaborate with interdisciplinary teams to design and implement health literacy initiatives that address the needs of diverse populations and promote equitable access to healthcare information.